



TRAVEL REPORT SUMMARY

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Date: December 23, 2022
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Title of the event:
 Routine monitoring, meeting with clients of the OST
 site under RCN-2

Travel Dates: September 26, 2022

Purpose of Travel:

Routine monitoring, meeting with clients

Brief Summary:

General information&findings

This OST site is located in the separate building on one of the RCPN's branches territory and clients keep confidentiality to come there. There are 3 staff members under UNDP\GF Project – doctor, 1 nurses and 1 social worker. It should be said that there used to be lack of 2-nd nurse for shifting and it was decided and agreed with RCPN that 1 nurse will fulfill duties all the time (instead of 2) and will have needed finance compensation. The social workers started to work here recently. This site used to have peer consultant but he started to use some illegal substances what is not in line with his position and final he was dismissed. The OST site consist from 2 rooms, 1 room is for doctor's consultation, 2-nd room for nurses manipulations and for methadone distribution.

OST staff feels lack of support of peer consulting and requested to have discussion with RCPN to hire again ex-peer consultant. From their point of view it will stimulate peer consultant personally, will provide peer consulting to OST clients and create bridge between medical staff and OST clients.

Since 2020 there is no central heating system on this site and OST staff complained that during cold season it is very hard to have comfortable working atmosphere and friendly surrounding for clients.

In spite of location on the RCPN territory, the OST staff undergoes to discrimination from another departments staff and does not allowed to through out used paper cups in trash baskets.

Services&Results

- As of the day of visit coverage is 58 clients on the OST therapy and 25 of them take methadone to home for 3-5 days. Patients are divided in 5 group to come to OT site. Patients regularly basis are taken for urine analysis for Benzodiazepins and Morphin are negative.
- During reported period (9 months) no clients (primary and who already had experience being on OST) entered on OST in this site.12 patients were transferred to this site from other sites.
- 26 patients stopped OST therapy: 7 patient died, 5 was taken into custody, 6 stopped OST on voluntary basis and 3 finished oST therapy on planned modality, 6 were referred to another side.
- 6-month OST retention rate is 100% (2/2).
- 87.9% of patients take methadone in dose 60 mg and more.
- 13 patients among 58 have HIV+ status and 12 are on ART therapy. 9 patients have VL less then 1000 copies and 9 have "0" VL.
- All clients have access to free TB testing and on monthly basis clients are screened for TB.
- 45 clients were tested on HIV on this site via saliva tests.

- Social worker provides consultation and escort clients upon needs to the FMC and other social facilities.
- It were reviewed cards for 20 randomly selected patients. It was found that the doctor always provide appropriate justification for increasing&decreasing methadone dose; has no deviation from Clinical guidelines.
- COWs scale is filled out for all patients and but on regular basis.
- All data in ERMAT is entered on regular basis by the doctor and social worker and responsible nurse.
- Detailed information about full OST site activity results in the period January-September 2022 is attached to current report in the attachment.

Short notes from meetings with OST clients

АНКЕ186, ЖАСА175, ЛЮВИ276, ГУИС181, ГУЕК184, РОВИ190, ЕЛАЈ175, ЗОСЕ161.

A total of 8 clients of OST were interviewed on the site, 3 clients of the site refused to participate in the survey.

The majority of interviewed clients are members of the program for 4-12 years. Methadone doses range from 75 to 120 mg. All of them visit the site daily. Clients of the program reported that they receive physician counseling services, information on HIV, STIs, and the staff themselves on their own initiative help with medications for clients who need it.

HIV testing is done once a year, sometimes more often if unsafe behavior has occurred.

Clients are aware of HIV transmission, STI and hepatitis symptoms, but know little about post-exposure prophylaxis (PEP) and the pre-exposure prophylaxis window period (PrEP).

Condoms are not used with regular sexual partners, 3 condoms are given per month.

Program clients interviewed noted that the staff of the organization treats them with respect and confidentiality. The staff is flexible to meet their needs, and they rated the organization and staff as "5".

The police have not detained them in the last few years.

In general, it was noted that the program helps, allows you to work without thinking about drugs, you stop stealing and taking valuable things out of the house and the desire to use drugs decreases.

Recommendations

- To improve monitoring those clients who take methadone to home and provide regular remind about threaten to sold methadone on "black market",
- To improve consultant work with new OST clients and surround them with all OST site staff support,
- Information on STIs, PrEP and PEP needs to be strengthened,
- RCPN to consider the possibility to hire ex-peer consultant,
- RCPN to provide central heating for this site,
- RCPN arrange trash consumption.

Distribution:

Inga Babicheva, HIV/TB Grant Coordinator

INGA BABICHEVA
HIV/TB COORDINATOR/
DEPUTY PROGRAM
MANAGER

Результаты деятельности				
по организации: Проект, РЦН-2 г.Бишкек				
на 26.09.2022 г. За последние: 9 месяцев				
№ п/п	Наименование индикатора	Результат	Числитель	Знаменатель
1	Количество пациентов на поддерживающей заместительной терапии метадонот (ПЗТ) на конец отчетного периода (абс. число)	58	0	0
1.1	Количество пациентов на ПЗТ, взятых на ПЗТ в отчетном периоде (абс. число)	12	0	0
1.1.1	Первичное взятие на ОЗТ	0	0	0
1.1.2	Повторное взятие на ОЗТ	0	0	0
1.1.3	Переведен из другого сайта на постоянной основе	12	0	0
1.1.4	Временно переведен из другого сайта	0	0	0
1.2	Количество пациентов, прекративших ПЗТ в отчетном периоде (абс. число), из них	26	0	0
1.2.1	Умер	7	0	0
1.2.4	В связи с заключением в МЛС	5	0	0
1.2.6	Плановое завершение (6 месяцев пребывания на ОЗТ и более)	3	0	0
1.2.7	Добровольно досрочное завершение	6	0	0
1.2.16	Переведен в другой сайт - постоянно	6	0	0
2	Доля пациентов, получающих ПЗТ 6 месяцев и более, от общего количества пациентов на конец отчетного периода	81	47	58
3	Число людей, употребляющих наркотики (ЛУИН), находящихся на ПЗТ как минимум 6 месяцев в пределах отчетного периода (КР_МАТ)	73	0	0
3.1	В т.ч. мужчин	64	0	0
3.2	В т.ч. женщин	9	0	0
4	Доля пациентов, находящихся на ПЗТ спустя 6 месяцев после ее начала (когортный подход) (%)	100	2	2
5	Доля пациентов, получающих дозировку метадона равную 60 мг и более, от находящихся на ПЗТ на конец отчетного периода (%)	87,9	51	58
6	Доля пациентов с ВИЧ-инфекцией от общего количества пациентов на ПЗТ на конец отчетного периода	22,4	13	58
7	Доля пациентов, получающих АРТ, от общего количества ЛЖВ на ПЗТ на конец отчетного периода	92,3	12	13
8	Доля ЛЖВ на ПЗТ, получающих АРТ на сайте	15,4	2	13
9.1	Доля ЛЖВ на ПЗТ и АРТ (6 месяцев и >) с ВН менее 1000 копий/мл от количества ЛЖВ на АРТ 6 месяцев и >,	100	9	9

	обследованных на ВН в течение 12 последних месяцев, но не ранее 30 дней после начала/возобновления АРТ			
9.2	Доля ЛЖВ на ПЗТ и АРТ (6 месяцев и более) с ВН менее 1000 копий/мл, полученной в течение 12 последних месяцев, но не ранее 30 дней после начала/возобновления АРТ, от числа пациентов на АРТ (3 месяца и более)	75	9	12
10.1	Доля ЛЖВ на ПЗТ и АРТ (6 месяцев и >) с ВН менее 200 копий/мл от количества ЛЖВ на АРТ 6 месяцев и >, обследованных на ВН в течение 12 последних месяцев, но не ранее 30 дней после начала/возобновления АРТ	100	9	9
10.2	Доля ЛЖВ на ПЗТ и АРТ (6 месяцев и более) с ВН менее 200 копий/мл, полученной в течение 12 последних месяцев, но не ранее 30 дней после начала/возобновления АРТ, от числа пациентов на АРТ (3 месяца и более)	75	9	12
11	Доля пациентов на ПЗТ, прошедших тестирование и консультирование на ВИЧ за последние 6 месяцев	88,9	40	45
12	КР_PREV	84	0	0
12.1	В т.ч. мужчин	75	0	0
12.2	В т.ч. женщин	9	0	0
12.3	В т.ч. ВИЧ-позитивные (известный статус до начала отчетного периода)	16	0	0
12.4	В т.ч. протестированные на ВИЧ-инфекцию в отчетном периоде	57	0	0
13	Количество пациентов, прошедших обследование на ТБ/ИППП/ВГС	1	0	0
13.1	В т.ч. мужчин	1	0	0